

*Howard County Association of*  
**Supervisors**  
and **Administrators**



# Introductions

- **Robert Motley**
  - 1st Vice-President of HCASA
- **Tiffany Tresler**
  - 2nd Vice-President of HCASA

# Celebrations

- Mental health days – schools are taking use of this and creating time for students and staff to truly focus on mental health
- Collaboration in the negotiations process – nice to work with the HCPSS team as we have almost reached an agreement
- Support with COVID mitigation – supplies, testing, etc.

# Challenges

- Helping students navigate behaviors and conflict
- Social media — student use and external influence on schools
- Increased workload and work / life balance
- Issues at school-level elevated before solutions are explored

# Solutions to Consider

- Support funding for positions that provide mental health and socioemotional support to students
  - Counselors
  - Social workers
  - School psychologists
  - Provide resources to increase Restorative Practices across all schools
- Systemic initiatives for both parents and students on the dangers and mental health impact of social media
- Consider allowing building administrators to partake in the mental health days (Wednesdays)
- Continue to support building administrators as they work through solutions

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